

Jamison: Patient Education and Wellness

HANDOUT 13.13: PAINFUL INTERCOURSE

Select the option that best describes you:

- ☐ vaginismus → seek counselling
 - limited or unhappy sexual experience
 - anxiety

- ☐ gynaecological problem → seek medical attention
 - vaginal discharge
 - pelvic pain
 - previous positive sexual history

- ☐ urogenital atrophy → consider hormone replacement therapy
 - vaginal dryness
 - vulvovaginal itch
 - dysuria, frequency, urgency
 - incontinence
 - decreased libido
 - menopause

See

Female sexual problems

<http://www.webmd.com/sexual-conditions/guide/female-sexual-problems-causes>